

LIFE TO THE FULL

Discussion Questions

October 4, 2006

Boundaries: Knowing our limits

1. What impacted you most during our worship service together this past Sunday? How would you describe what you experienced? In what ways did you experience encouragement, and in what ways discomfort?
2. What is your emotional response to the topic of “boundaries” (knowing our limits)? How have boundaries played out in your own life? How has that been empowering? How has it been uncomfortable?
3. In the message on Sunday, we explored two challenges for communities endeavoring to be inclusive: “the dance of give and take” and “dress to get dirty.” How have you experienced these challenges personally (both at Cedar Ridge and in other communities)? Where do you sense you are on the give/take spectrum currently at Cedar Ridge? With healthy boundaries in mind, is your personal challenge to lean more into giving or taking right now?
4. Read Philippians 2:1-8. What does this passage reveal about the nature of divinity? What does it reveal about the nature of healthy authority? How could this help us at a practical relational level with “the dance of give and take?” How could it help us bring health to the inevitable messiness of community life?
5. In the message on Sunday, we explored three ways in which boundaries can make inclusive communities safer: personal responsibility, clear roles, and limited authority. How did each of these speak to you personally? How do they apply to you? What are other boundaries that could help make our community safer and more inclusive?
6. After sharing this last discussion point, take some time to pray for one another.



Prayer Practice for This Week: Being and Doing

Take some time this week to prayerfully reflect on the following:

A. What boundary adjustments do you need to make to your life (both being and doing) in community at Cedar Ridge?

B. How healthy is your current level of margin in your life personally? What boundary adjustments might you need to make?

Remember to share any thoughts, questions, or comments about this week's topic (or the series as a whole) via info@crcc.org.