

LIFE TO THE FULL

Discussion Questions

September 13, 2026

Vision: What does it mean to follow Jesus?

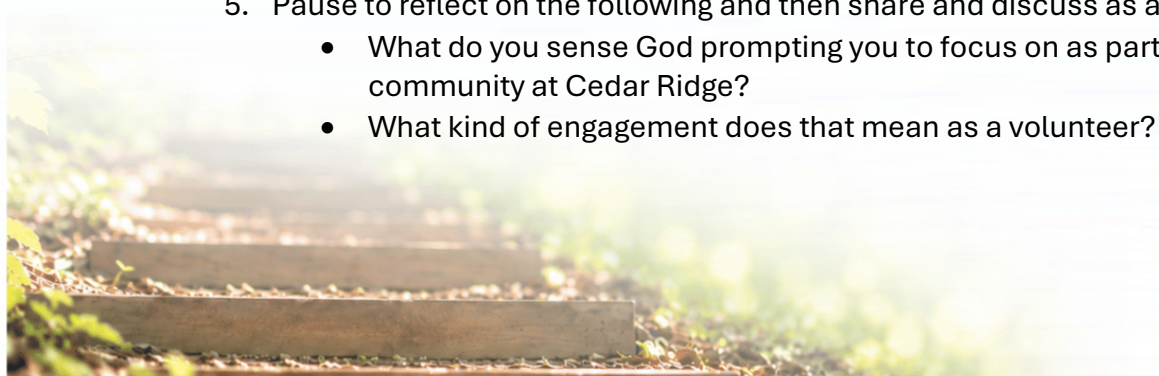
1. What impacted you most during our worship service together this past Sunday? How would you describe what you experienced? In what ways did you experience encouragement and in what ways discomfort?
2. Read Mark 1:14-20. What does the Gospel or “good news” reference here mean to you? How would you describe the good news? Share how this good news has impacted your own life.
3. In the message on Sunday, we explored seven possible elements of both experiencing and being the good news of Jesus:
 - God loves everyone
 - So relax, love yourself and others
 - Be the healthiest version of yourself
 - We need each other
 - Beware of religion
 - We are all sent like Jesus
 - Seek the Kingdom of Heaven

Which of these stands out most to you? Which are most challenging to you personally? Which do you think present the greatest challenges to our church community as a whole?

4. Read Luke 11: 52-53.
 - Jesus is cautioning us about the potential toxicity of religion. Share a little about how you may have experienced this? How has “religious deconstruction” helped you experience Jesus as good news in more meaningful ways?

Read Matthew 16:6.

- Jesus seems to be saying that our own spirituality is also vulnerable to toxicity. How might our “deconstructed consciousness” itself become a source of judgement of others? How might it be undermine our own confidence in following Jesus?
5. Pause to reflect on the following and then share and discuss as a group:
 - What do you sense God prompting you to focus on as part of the gathered community at Cedar Ridge?
 - What kind of engagement does that mean as a volunteer?



- What do you sense God prompting you to focus on as part of the scattered community (in your everyday life)?
 - What kind of action will that require in terms of what you start doing and/or what you stop doing?
6. Take some time to pray for one another about things that surfaced during this discussion. If it seems appropriate break into smaller groups for this.

Prayer practice for this week: Reflective Intentionality

Take some time this week to prayerfully reflect on the three opportunities we discussed on Sunday to go deeper with our vision:

- A. Focus (clarity)
- B. Ownership (volunteerism)
- C. Cultural Richness (belonging)

In your prayerful reflection consider the following:

- 1. What feels exciting and what feels uncomfortable for each of these
- 2. How do you feel challenged to respond personally to each of these in both the “gathered community” and the “scattered community” settings.
- 3. What action do you need to take specifically for each of them?

With regard to the opportunities above (Focus, Ownership, and Cultural Richness), are there any questions or comments you have for our church leadership? Reflect on these and then if you feel appropriate share them via email to info@crcc.org.