

# The Power of Your Worship Toolkit

## Worship to God and for One Another Discussion Questions - Feb 8



1. What stood out to you from the message this past Sunday? Was there anything that seemed timely or relevant to you? Was there anything which made you uncomfortable, or with which you disagreed?
2. What has been your definition of “worship”? Does it need to be redefined for you?
3. What effect does music have on you when you are feeling deeply?
4. What new idea or thought came to you as you were engaging with the message or with the 1 Samuel 16: 14-23 passage?
5. What three songs could you put on your playlist that would become part of your worship toolkit?
6. Take a moment to do this week’s Prayer Practice below together and discuss your experience of it afterwards. Then take a moment to pray for one another.

### Prayer practice for this week: Letting our light shine

Choose a song and listen to it together. Once it’s finished, pause for a moment of prayer. Then, read the lyrics out loud and discuss them with one another. How does this song benefit your mental health?

Ask God if there is someone in your friend group that might need a “musical intervention” like King Saul did. How can you support that person?