

Christmas lights as a symbol of joy

“When the wise men saw the star, they were overwhelmed with joy.” (Matthew 2:10)



Light is essential to almost all life on Earth. It provides energy for food to grow, and sets our biological clocks, which impact physical and mental wellbeing. Unless we are visually impaired, light reveals the world to us. It represents life and hope, revelation and understanding, welcome and homecoming. Light guides, warns, and protects. Jesus is described as the Light of the World, the healing Sun of Righteousness, the bright Morning Star. Light symbolizes the presence of God among us, and in the long nights of winter, the myriad holiday lights joyfully declare Immanuel, God is with us. The light of a star led people from far away to one who defied the darkness, bringing hope, peace and love. And when they saw his light, they were overwhelmed with joy.

Fill your home with light this Christmas, and celebrate the joy of knowing God is with us always. No matter how dark the night, the morning sun will rise. Light a candle and reflect on this verse: “The light shines in the darkness, and the darkness has never put it out.” (John 1:5)

Be an agent of joy

Look for simple ways to spread the joy of Christmas. Smile at people. Give out compliments with abandon. Hold the door. Let someone go ahead of you in line. Make someone laugh.