**Greencastle Elementary School**

**Food In Backpacks Program**

**General Information:**

* CRCC has committed to providing GCES *at least* 25 food bags per month
* **Please only donate complete kits**, containing a variety of foods as outlined in the table below
* To promote healthy eating habits, **please only donate nutritious foods**
  + *Organic and/or whole grain options*
  + *Fruit packed in natural juice*
  + *Canned meats packed in water*

|  |  |
| --- | --- |
| **Option 1** | **Option 2** |
| * Can of black beans * Small box of seasoned rice * Can of tomato sauce * Box of pasta * 4-6 granola bars * 4-6 small applesauce cups * Can of green beans | * Small bag of dried lentils * Small bag/box of rice * Can of tomato sauce * Box of pasta * 4-6 cereal bars * 4-6 small fruit cups * Can of carrots |
| **Option 3** | **Remember** |
| * Can of kidney beans or chickpeas * Small box of seasoned rice * 1-2 small cans of tuna or chicken * Box of macaroni and cheese * 4-6 small packages of snack crackers * 4-6 small applesauce cups * Can of green peas | * *Children will have to carry food bags in their backpacks, so be mindful of overall weight* * *Please* ***avoid***   + *glass jars*   + *peanuts* |

**Where/How to Donate?**

* We will accept donations in the CRCC Commons area every Sunday throughout the school year
* Donations can also be left in the bins outside the main doors of the church any time
* We encourage you to use the sign-up sheet located on the information table in the CRCC Commons or to sign up at [www.crcc.org/serving-locally](http://www.crcc.org/serving-locally)
  + *Allows for more accurate tallying of expected monthly donations*
  + *If an email address is provided, we will send you a reminder email the week before your scheduled donation*

**Additional Questions/Concerns/Suggestions?**

* Please feel free to contact Jennifer Hair ([jennifer.d.hair@gmail.com](mailto:jennifer.d.hair@gmail.com)) or Ruth Campbell ([ruthc@crcc.org](mailto:ruthc@crcc.org))